

Expression of γ -H2AX, 53BP1 and Micronuclei as Genome Damage Biomarker of Population in Keang and Salumati Village, Mamuju West Sulawesi Province

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ABSTRACT

The residents living in high background radiation area have risk to be exposed by ionizing radiation that also potentially cause their DNA damage. The aim of this study was to determine the expression of γ -H2AX, 53BP1 foci and micronuclei in the residents who live in high background radiation area of Salumati village, Mamuju, West Sulawesi, Indonesia. Twenty one blood samples which consist of 11 from the study area and 10 from control were assessed for their expression of γ -H2AX and 53BP1 foci by using specific antibodies and observed under fluorescence microscope whereas micronuclei was detected after being cultured and giemsa stained according to standard procedures. Results showed that both γ -H2AX and 53BP1 foci from high background area was lower than that of control area (0.37 ± 0.24 vs 0.19 ± 0.11 ($p=0.03$) for γ -H2AX and 0.61 ± 0.30 vs 0.31 ± 0.12 for 53BP1 ($p=0.01$)). The mean of micronuclei frequency in exposed area was 0.02 (0.01-0.03) while in control area was 0.02 (0.003-0.02). There was statistical significant in correlation between both γ -H2AX, 53BP1 foci with micronuclei index in exposed area ($p=0.02$, $p=0.04$ respectively). In conclusion, there was a positive correlation between γ -H2AX and 53BP1 foci to micronuclei and this might be a clue of the occurrence of genome repairing mechanism caused by natural radiation at low dose chronic exposure in the studied area.

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INTRODUCTION

Natural radiation is a major component of radiation exposure for the general population. In our natural environment, we are chronically exposed to low doses of ionizing radiation. In some situations, this environmental exposure can reach significant doses, such as in the case of some inhabited areas where the soil displays abnormally high amounts of radionuclides. There are many high-level natural radiation areas (HLNRAs) throughout the world

such as in Brazil, China, India and Iran. The people who live in the HLNRA of the world are of considerable interest because they have been exposed to abnormally high radiation levels over many generations [1]. Indonesia also has a region with high natural ionizing radiation. Mamuju, a city in the state of West Sulawesi off the Sulawesi Sea, has a background radiation around 13 times higher than normal. This place has the highest average dose rate compared to other regions in Sulawesi Island and even Indonesia, which can achieve up to 2.8 mSv/h [2].

Life evolved in an environment with greater levels of natural radiation than exist today.

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Natural background radiation levels on Earth vary by at least two orders of magnitude today. Therefore, all living organisms are exposed to a wide range of background radiation levels [3].

The effects of ionizing radiation on genome material are well known. Double-strand deoxyribonucleic acid (DNA) breaks is the most the primary lesions in the formation of chromosomal aberrations, which can easily be seen in metaphasic chromosomes [4].

The micronuclei is the result of chromosomal aberrations in the form of a small circle in the cytoplasm outside the main nucleus and contains the fused chromosomes or its fragments, and/or chromosomes that are intact and appear with the same structure with the main core. Micronuclei formation is highly influenced by radiation dose rate and also depends on the capacity of DNA and cellular repair [4-6].

Radiation dose and its carcinogenic effects the biological effects of low doses of radiation are not fully understood [7-9]. One of the results shows that an experimental study on the frog that is exposed with low doses irradiation above background doses indicates no reveal harmful effects of exposure to low levels of radioactivity. On the contrary, stress present in the area may serve to enhance cellular defense mechanisms [10].

Our previous study also support the hypothesis that high background radiation tend to give an adaptive response that shows in high of expression of γ -H2AX foci that prove of repair of DNA DSB damaged process [11]. Different to our previous study, the purpose of this study is to add the parameter of 53BP1 foci and micronuclei and analyse the correlation between γ -H2AX and 53BP1 foci to micronuclei value in control area and exposed area from the donor that living in high background natural radiation.

EXPERIMENTAL METHODS

Sampling and subjects

Before starting the study, the research proposal had been approved by Research Ethical Commission, National Institute for Health Research and Development No. LB. 02.01/5.2.KE.167/2015, signed in 5 April 2016. In this paper, 21 blood samples from residents in 2 villages (Salumati and Keang) which consist of 11 donors from Keang as control group with normal back ground exposure of 2 mSv/year and 10 samples from Salumati Village as exposed group in background exposure of 7 mSv/year. All donors were informed about the nature, aims, and intention of the study and signed

a consent form and questionnaire before providing blood samples. Any individuals suffering from an illness or taking medication were excluded.

Sample preparation

Isolation of lymphocyte

Isolation procedure was done as previously published work with some modifications. Heparinized whole blood obtained from Mamuju were transported to our laboratory in Jakarta. Histopaque separation was used to isolate white blood cells by layering 2.5 mL of whole blood mixed with an equal volume of Phosphate Buffered Saline (PBS) pH 7.4 onto 2 vol of lymphocyte-separating medium (Histopaque 1077 Sigma Aldrich, Catalog 10771 USA) in a centrifugation tube followed by centrifugation for 30 minutes at 1500 rpm (Thermo Scientific, Heraeus, Biofuge Primo R) [11].

γ -H2AX and 53BP1 assays

Medium (RPMI) containing the isolated lymphocyte was put on hydrophobic slides and left for 15-20 min (minutes) and fixed in 2 % paraformaldehyde for 5 minutes and then washed 5 minutes on ice in 0.25 % Triton X-100 in PBS, and blocked in BSA (Bovine Serum Albumin) 1 % in PBS for 3 x 15 minutes at room temperature. After removing BSA the primary anti γ -H2AX (mouse anti-Phospho-Ser139 gamma H2AX Antibody, ThermoFisher) and anti 53BP1 Anti-53BP1 (antibody ab172580) were dropped on the slides and incubated in a dark moist chamber for 1 hour at 37.5 °C. To remove these first antibodies, the slides were washed with BSA 0,1 in PBS for 3x15 minutes. The second antibodies (Goat Anti-mouse IgG Dylight 488 and antirabbit-Dylight 594 nm, both from Thermo Scientific) diluted in 1: 500 in BSA and with DAPI (diluted 1: 500) was added and incubated in moist chamber for 45 minutes. The slides then washed with PBS 3 x 15 minutes and dried for 15 minutes with a fan. The antivade medium with DAPI was dropped and mounting with cover slip and let for 24 hours in fridge. Observation was done by an experienced investigator (IK) using a fluorescence microscope (Nikon) equipped with red, green and blue fluorescence filters and a 100x lens under immersion oil. Generally, 50 cell per slide γ -H2AX and 53BP1 foci were counted per individual. The observation was verified by an experienced investigator (IKHB) using a fluorescence microscope (Nikon) equipped with red, green and blue fluorescence filters and

a 100x lens under immersion oil. Generally, 50 γ -H2AX and 53BP1 foci were counted per individual [11-14].

Micronuclei assay

Micronuclei were prepared in cytokinesis blocked cells using cytochalasin B (Cyt-B) following the method suggested by Fenech with some modifications. The whole blood cultures were incubated for 72 hours. After 44 hours of incubation cytochalasin-B (Cyt-B Sigma) was added at a concentration of 6 g/ml to block cytokinesis. The cells were collected by centrifugation, and treated with a mild hypotonic solution containing 0.075M KCl for 3 min, then the cells were fixed with a fresh mixture of methanol/acetic acid (3:1). The treated cells were dropped on to clean slides for detection of micronuclei by conventional staining with 5 % Giemsa. Observation were done at least 1000 binucleated cells scored for each person for the presence of micronuclei [15,16].

Statistical analysis

Kolmogoriov Smirnov Test was used to analyze data normality. Student T-Test was used to compare the mean of γ -H2AX, 53BP1 foci, micronuclei index between control area and exposed area. The Correlation Test was used to analyze correlation between γ -H2AX and 53BP1 foci with micro nuclei, ages in control and exposed area. All the data were analyzed with MedCalc. Software 12.7.00.

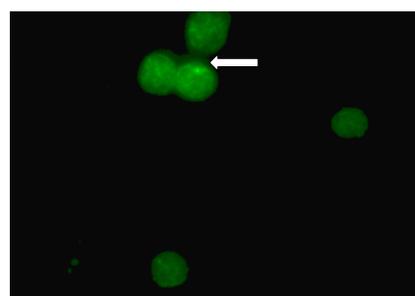
RESULTS AND DISCUSSION

In this study, 21 donors which consist 11 from control and 10 from an exposed area can be seen in Table 1. Expression of γ -H2AX and 53BP1 foci was showed in Figs. 1(a) and (b). The expression of γ -H2AX was detected as bright green foci. The bright foci were the result of bonding of antibody γ -H2AX with Daylight 488 nm secondary antibody. The expression of 53BP1 was detected as bright red foci. The bright foci were the result of bonding of antibody 53BP1 with Daylight 594 nm secondary antibody. Both mean γ -H2AX and 53BP1 foci show higher in exposed than control area ($p < 0,05$). Mean γ -H2AX foci in exposed area is 0.37 ± 0.24 and 0.18 ± 0.11 in control area. The mean 53BP1 foci in exposed area is 0.61 ± 0.30 and 0.31 ± 0.15 in control area. The mean of 53BP1 foci also have lower p-value than γ -H2AX between exposed and control area ($p = 0.01$), Figs. 2(a) and (b). Micronuclei index in control area is 0.02 ± 0.01 with the range of 0.00-0.02 and exposed area 0.02 ± 0.01

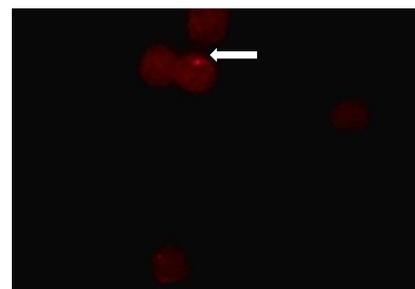
from 0.01-0.03 in Fig. 2c. There were no statistical difference in micronuclei index between control area and exposed area. In Figs. 3(a) and (b), there were no statistical significant correlation between both γ -H2AX and 53BP1 foci to micronuclei index ($p > 0,05$) in control area, but in exposed area there were significant correlation between γ -H2AX foci to micronuclei index ($p = 0.02$) as shown in Fig. 3(c) and between 53BP1 foci to micronuclei index ($p = 0.04$) in Fig. 3(d).

Table 1. Characteristic donor and γ -H2AX, 53BP1 foci and micronuclei index in control and exposed area.

No	ID	Gender	Age	Location	γ -H2AX	53BP1	Micronuclei
1	A	L	42	Control	0,22	0,36	0,02
2	B	L	68	Control	0,02	0,10	0,02
3	C	L	53	Control	0,12	0,34	0,02
4	D	P	47	Control	0,20	0,32	0,02
5	E	P	31	Control	0,36	0,56	0,02
6	F	P	31	Control	0,28	0,44	0,02
7	G	P	51	Control	0,06	0,10	0,02
8	H	L	46	Control	0,08	0,14	0,00
9	I	L	44	Control	0,34	0,54	0,01
10	J	L	24	Control	0,26	0,32	0,01
11	K	L	44	Control	0,10	0,26	0,01
12	L	L	46	Exposed	0,44	0,54	0,02
13	M	P	60	Exposed	0,30	0,42	0,02
14	N	L	40	Exposed	0,22	0,42	0,01
15	O	P	25	Exposed	0,40	0,68	0,02
16	P	P	40	Exposed	0,94	1,24	0,02
17	Q	L	67	Exposed	0,18	0,62	0,01
18	R	L	72	Exposed	0,60	0,98	0,03
19	S	P	67	Exposed	0,08	0,18	0,01
20	T	P	24	Exposed	0,36	0,54	0,01
21	U	L	27	Exposed	0,20	0,50	0,02



(a)



(b)

Fig. 1. Expression of γ -H2AX foci (a) and 53BP1 foci (b).

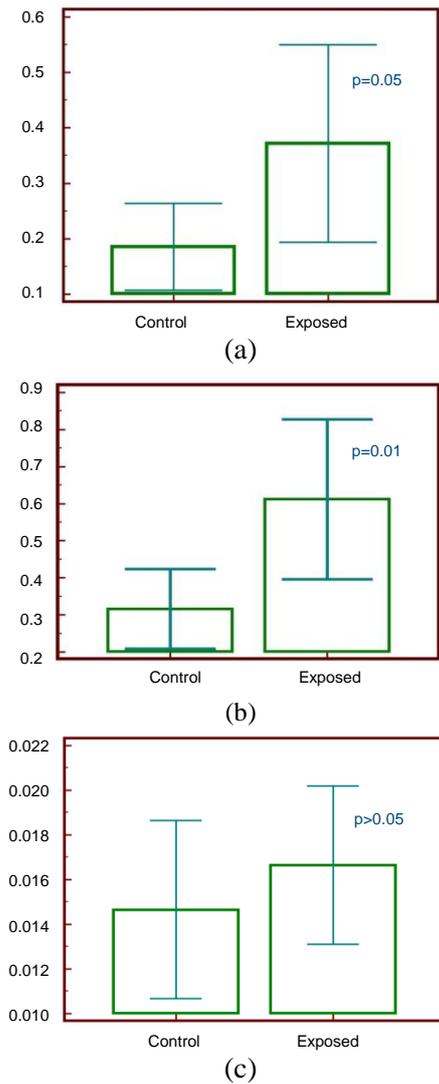


Fig. 2. γ -H2AX (a) 53BP1 (b) foci and micronuclei index (c) in control area and exposed area.

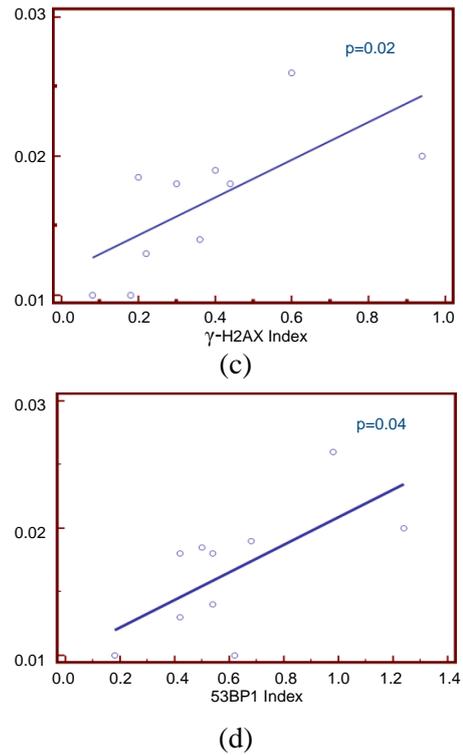
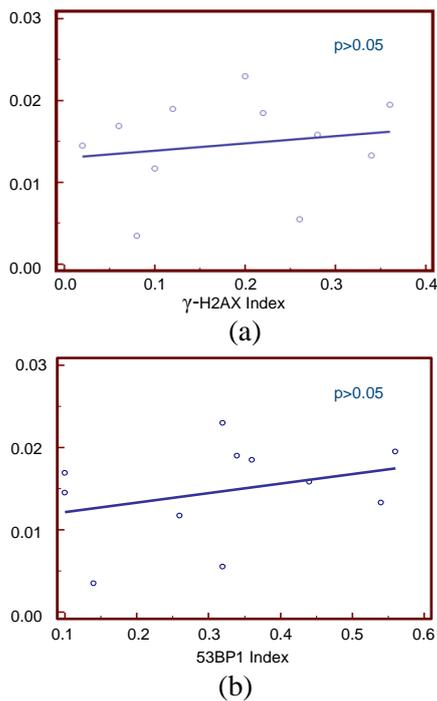


Fig. 3. Correlation between γ -H2AX and 53BP1 foci index with micronuclei index in control area (a,b) and in exposed area (c,d).

As seen in Table 2 there is a correlation between the ages of volunteer to γ -H2AX and 53BP1 foci in control area ($p \leq 0,05$ and $p=0.05$), respectively but no correlation in exposed area, there were no statistical significant correlation between the ages and micronuclei index both in control and exposed area.

Table 2. Correlation between γ -H2AX, 53BP1 foci and micronuclei index age of donor in control and exposed area.

No	Genome damage biomarker	p value	
		Control area	Exposed area
1	γ -H2AX	<0,05	>0,05
2	53BP1	0,05	>0,05
3	Micronuclei	>0,05	>0,05



People are continuously exposed to natural background radiation. The level of exposure varies from place to place due to altitude and radioactive mineral deposits. The most prominent high-level natural radiation areas (HLNRA) include Guarapari, Brazil; Yangjiang, China; Kerala, India; and Ramsar, Iran. Similar with these areas, Mamuju West Sulawesi also has a high-level natural radiation exposures [2]. In certain areas, levels of natural radiation exposure are much higher (10-100 \times) compared to normal levels, due to the presence of radioactivity in soils, rocks, or hot springs. In Kerala annual dose reached 13 mSv/y, and China up to 5.3 mSv/y [17,18]. The area has populations residing

in there are exposed to low dose/low-dose-rate radiation for generations, throughout their lives. The effect of low dose and low dose-rate exposure below 100 mSv has important implications in radiation protection science. The linear-no-threshold (LNT) dose-response relationship extrapolates to low-dose exposures from high acute-dose exposures. Studies of persons from HLNRA provide an opportunity to understand better the biological effects of low-dose exposures [19,20].

Different with previous publication [11], in this publication 53BP1 foci is not only used as internal control and both donors from exposed area and control area was collected from another sub-villages in Mamuju, West Sulawesi. In this paper, potential DSB DNA damage as detected by γ -H2AX and total DNA damaged with 53BP1 and also analyse the micronuclei as other genome damage biomarker. It was found that consistency or confirm with previous report [11] there higher numbers of γ -H2AX foci per cell in individuals of the exposed area than control area. The same result also showed in the mean of 53BP1 foci in exposed and control area. It means that some process of damaged DNA repair both single strand break and double-strand break that signed by the existences of γ -H2AX and 53BP1 foci. It suggested that this damaged DNA repair process is the part of adaptive response cell mechanism that caused by chronical of low doses natural radiation exposure. It is also predicted that this is part of cell or DNA responds to prevent continued DNA damage or cell death.

It is almost surely that higher levels of environmental radiation are always equal to higher rates of micronuclei (MN) [21]. In this study micronuclei index in control and exposed area was not different. The same with these result, Mohammadi et al. [22,23], report that no significant difference found in basal MN frequencies between individuals from high background radiation areas and control areas in Ramsar, Iran. It is different with result from Karuppasamy et al. [19] who reported that micronuclei index in peripheral lymphocyte from the men living in high exposed area is higher than that from lower exposed area of natural radiation in Kerala India.

The significant correlation was found between both γ -H2AX and 53BP1 foci with micronuclei index in exposed area. The process of DNA damage in general and specially in DNA DSB repair are occur in G2 or adaptive checkpoint before the cell entering the mitotic phase. Lewis and Goldstein [24] found that, production of micronuclei were correlated to checkpoint adaptation as part of process that contribute to genomic change. These processes were indicated by high expression

of γ -H2AX and 53BP1 foci. In this study, positive corellation between γ -H2AX and 53BP1 foci as biomarkers of DNA damage repairing damage mechanism to high expression of micronuclei maybe also related to genome change that inducing radioresistance. Mortazavi et al., [25], prolonged exposure to very high levels of natural radiation could induce the phenomena leading to induction of a considerable radioresistance in the inhabitants.

The volunter ages factor shows any corellation with genome damage repairing that detected with γ -H2AX and 53BP1 foci in control but in contrast no statistically corellation in exposed area. It may be related to decreasing of DNA repair capacity in the people when the age is getting older. Maybe without reach limit doses natural radiation exposure the DNA damage repair capacity the same with other people that living in back ground radiation exposure. In this study also seem that DNA DSB repair capacity that detected by γ -H2AX foci was likely more affected by the ages than total DNA damage that detected by 53BP1 eventhough in current result the number of sample was limited. Garm et al. [26] stated that age in this range did not seem to have any effect on the SSB parameters. However, γ -H2AX foci response and DSB repair capacity decreased with increasing age. Expression of γ -H2AX foci in this study was related to DNA DSB damage repair process because about 8 hours need from blood collection location to laboratory to prepare lymphocyte isolation. Rothkamm and Horn [27], the number of γ -H2AX foci increases rapidly and reaches a maximum a few minutes after exposure. It then declines rapidly, closely following the kinetics of DSB repair.

The similar with this study the ages have no significant corellation to γ -H2AX, 53BP1 foci and micronuclei index in exposed area [28]. Its maybe related to difference of DSBs damaged repaired and forming of micronuclei in exposed area were not be influenced by the ages of resident. In our previous publication, there were also no statistical significant between the age and expresssion γ -H2AX and 53BP1 foci [11]. Different result with Syaifudin et al., [29] the expression of micronucleus in control and exposed area have positive corellation with the resident ages. The elevate of MN with age is likely due to a combination of factors which include (i) the accumulation effect of acquired mutations in genes involved in DNA repair, chromosome segregation and cell cycle checkpoint and (ii) numerical and structural aberrations in chromosomes caused by exposure to endogenous genotoxins, inadequate nutrition, exposure to environmental or occupational genotoxins, as well as a wide range of unhealthy lifestyle factors [30]. From this result

may also can seen the expression of MN that directly related to the decreasing of DNA repair of the resident that living in exposed area have not indicate the decrease of repair capacity and genome instability. In generally been shown that a higher MN frequency is directly associated with decreased efficiency of DNA repair and increased genomic instability [30,31].

CONCLUSION

There is a correlation between γ -H2AX and 53BP1 foci to micronuclei index in lymphocyte of resident of exposed area that maybe a clue of the genome repairing mechanism to DNA damage caused by natural radiation at low dose chronic exposure in studied area. No significant indication that any decreasing efficiency and increasing genomic instability in the resident that living in exposed area.

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