



Antiproliferative Activity of Extracts and Fractions from Irradiated *Curcuma zanthorrhiza* Rhizomes Against Mouse Leukemia and Human Cancer Cell Lines

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ABSTRACT

Curcuma zanthorrhiza Roxb. is a medicinal plant that is used as a raw material in the herbal medicine and pharmaceutical industries. The main content of *C. zanthorrhiza* is curcuminoid, which is used as an antioxidant and an anticancer agent. The aim of this research was to study the effect of gamma radiation used for preserving simplicia or herbal drugs through the examination of their cytotoxicity against mouse leukemia L1210 cells and antiproliferative activity against human cancer cell lines HUT78, A549, HeLa, and THP1. The samples of curcuma rhizome were irradiated by gamma ray emitted by Cobalt-60 as a source at doses of 0 (control), 5, 7.5, 10, and 15 kGy. After irradiation, the samples were macerated using *n*-hexane, ethyl acetate, and ethanol, respectively. Preliminary cytotoxicity test toward extract from control sample against mouse leukemia L1210 cells revealed that the ethyl acetate extract was the most active extract inhibiting the growth of cells with an IC_{50} value of 16.6 $\mu\text{g/mL}$, followed by ethanol extract (18.8 $\mu\text{g/mL}$) and *n*-hexane extract (42.7 $\mu\text{g/mL}$). Fractionation using a chromatography column of the ethyl acetate extract resulted in seven fractions denoted as F1-F7. The cytotoxicity test of the seven fractions against mouse leukemia L1210 cells showed that fraction 3 (F3) was the most active fraction with an IC_{50} value of 10.0 $\mu\text{g/mL}$, followed by F7 (11.2 $\mu\text{g/mL}$), F6 (11.8 $\mu\text{g/mL}$), F5 (12.0 $\mu\text{g/mL}$), F1 (13.2 $\mu\text{g/mL}$), F4 (14.5 $\mu\text{g/mL}$), and F2 (27.8 $\mu\text{g/mL}$), respectively. Based on these results, all irradiated samples were then extracted, fractionated, and tested for cytotoxicity in a similar manner. The result showed that irradiation of samples under doses up to 10 kGy can be used to preserve *Curcuma zanthorrhiza* simplicia without damaging its efficacy. To ensure that the irradiation dose of 10 kGy did not reduce anticancer activity, the F3 from irradiation sample at a dose of 10 kGy was also examined of its *in-vitro* antiproliferative activity using HUT78, A549, HeLa, and THP1 human cancer cell lines. The results showed that irradiation of the sample at a dose of 10 kGy reduced the antiproliferative activity of F3 against HUT78 (32 %), A549 (48 %), HeLa (42 %), and THP1 (31 %). However, its reduction did not eliminate its antiproliferative activities. These results indicated that the preservation of simplicia using radiation can be done at a maximum radiation dose of 10 kGy by modifying the concentration of simplicia in the fabrication process of herbal medicine formulation.

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INTRODUCTION

Curcuma zanthorrhiza Roxb., known as Javanese turmeric (Indonesian: *temulawak*), is a member of the Zingiberaceae family that is one of

the medicinal plant originating from Indonesia. It is commonly used as a herbal medicine for treating hepatitis and increasing body stamina [1,2]. Curcumin and desmethoxycurcumin are two of curcuminoid group compounds contained in ginger, turmeric, and other similar plants. Both of these compounds have benefits as antitumor, antioxidant, antiinflammatory, antimicrobial, antihyperlipidemic,

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and hepatoprotector [3]. The European Medicines Agency [4] reported that *C. zanthorrhiza* rhizomes have been used in Europe since 1963, mainly to treat digestive, skin, and liver diseases and infections. The use of curcuma rhizomes has been continuously documented in European handbooks as a specific ingredient that meets the requirements of Directive 2004/24/EC for use as products that are classified as "Traditional Herbal Medicine Products". N.G. Vallianou et al. [5] stated that curcumin and its analogous compounds have been shown to have various anticancer properties in a series of tests on various cancer cells, such as pancreatic, lung, ovarian, oral, colorectal, and breast carcinoma cells, and melanoma cells. Z. Udin [6] reported that the cytotoxic activity test against YMB-1 cells toward standard xanthorrhizol compound and ethyl acetate-soluble portion from methanol extract showed an IC_{50} of 2.9 and 3.2 $\mu\text{g/mL}$, respectively. A similar result was stated by S.F. Oon et al. [7] that xanthorrhizol extracted from *C. xanthorrhiza* shown the bioactivity in the form of anticancer, antimicrobial, antiinflammatory, antioxidant, antihyperglycemic, antihypertensive, antiplatelet, nephroprotective, hepatoprotective, estrogenic, and antiestrogenic effects. Riki et al. [8] stated that the curcuminoid extracted from curcuma proved to be able to inhibit HeLa cell growth by 93.3 % at a concentration of 62.5 $\mu\text{g/mL}$, while nanoparticle curcuminoid extract can increase its activity by 93.4 % at the concentration of 2 $\mu\text{g/mL}$. The study of the antiproliferative activity test of curcumin at a concentration of 20 μM ($\approx 7.4 \mu\text{g/mL}$) showed that the compound inhibited the growth of MCF-7 cancer cells [9].

Simplicia from *Curcuma* sp. as an ingredient for herbal medicine is easily overgrown by microbes. The quality of ingredients and herbal medicines itself must be free from contaminating pathogenic microbes. Irradiation techniques is one of the methods for preserving agricultural products [10]. Gamma irradiation on *C. zanthorrhiza* rhizomes showed that the irradiation dose of 10 kGy was sufficient to reduce microbes by 2-4 log cycles, while doses of up to 0.25 kGy can inhibit the sprouting fresh of *C. zanthorrhiza* rhizomes [11]. Gamma irradiation doses of 3, 5, and 7 kGy did not affect the stability of curcuminoid structure from whole powder, powder-free essential oil, and crude extract of *C. zanthorrhiza* rhizome; thus, gamma irradiation can be used for pasteurization to improve the quality of *C. zanthorrhiza* rhizomes [11]. Another study showed that gamma irradiation of simplicia of *Andrographis paniculata* with irradiation doses of up to 7.5 kGy did not eliminate its efficacy as an anticancer, and at that dose the irradiated simplicia did not show toxic properties in acute toxic examination toward male and female mice [12]. A study by E. Riswana et al. [13] showed that doses of 2.5-10 kGy were able to reduce microbial contamination from 10^4 to 10^1 colonies. E. Katrin et al. [14] suggested that ethanol extract from simplicia of *C. zanthorrhiza* irradiated at doses of 5 and 10 kGy did not show toxic properties in acute toxicity examination toward female and male mice. This fact shows that gamma irradiations at doses of up to 10 kGy for the purpose of disinfestation and extending the shelf life of an herbal drug and simplicia did not make the material toxic.

The aim of the research was to study the effect of gamma radiation on the anticancer efficacy of *C. zanthorrhiza* rhizomes preserved using gamma radiation by examining their cytotoxic activity against mouse leukemia L1210 cells and their antiproliferative activities on human cancer cells (HUT78, A549, HeLa, and THP1), and to study the chromatogram profile changes of thin layer chromatography.

EXPERIMENTAL METHODS

Materials

Curcuma zanthorrhiza Roxb. rhizomes obtained from PT. Sido Muncul (Herbal Medicine Industry), *n*-hexane p.a., ethyl acetate p.a., ethanol p.a., methanol p.a., RPMI 1640 medium (Gibco), bovine calf serum (Gibco), mouse leukemia L1210 cells originating from methylchlorantren-induced mice in DBA/2 strain obtained from the Institute of Physical and Chemical Research (RIKEN)-Japan, trypan blue, silica gel 60 with 70-230 mesh sizes (Merck), celite 545 (Merck), methanol HPLC grade (Prolabo), Fricke standard solution dosimeter for calibration of the radiation dose which consists of 0.001M $\text{Fe}(\text{NH}_4)_2(\text{SO}_4)_2 \cdot 6\text{H}_2\text{O}$, 0.001 M NaCl, and 0.4 M H_2SO_4 .

Equipment

In this work, the equipment used consisted of the Natural Rubber Gamma Irradiator at CIRA with Cobalt-60 as a gamma radiation source, a CO_2 incubator, an oven, an autoclave, a vacuum rotary evaporator (Buchi), UV lamps (254 nm wavelength), an electric heater, an ultrasonicator, an analytic balance, a chromatography column, a microscope (Nikon), glassware, multiwell tissue culture plates, and a hemocytometer.

Preparation and irradiation of *C. zanthorrhiza* rhizomes

The *C. zanthorrhiza* rhizomes were sliced, dried, and ground to a powder and then packed into ten polyethylene plastic bags containing 100 g each, then tightly sealed with a sealer machine. These materials were then irradiated in usual manner [15,16] at varying doses, *i.e.*, 5, 7.5, 10, and 15 kGy (at a dose rate of 7.5 kGy/h), and one set without irradiation as a control sample. Two bags were subjected to each radiation dose.

Preparation of extracts and its cytotoxicity tests on mouse leukemia L1210 cells

C. zanthorrhiza rhizomes (unirradiated and irradiated samples) were macerated with *n*-hexane, ethyl acetate, and ethanol, respectively [15,16]. Each maceration was done three times, and the obtained filtrate was then evaporated using rotary evaporator at a temperature of $\pm 40^\circ\text{C}$ under reduced pressure. The obtained extract was then dried under vacuum and weighted. The *n*-hexane, ethyl acetate, and ethanol extracts from an unirradiated sample (control sample) and from irradiated samples were tested for cytotoxicity on mouse leukemia L1210 cells. The concentration of the samples was varied as 5, 10, 20, 40, and 80 $\mu\text{g/mL}$ in methanol as described in the previous studies [15,16]. After incubation for 48 h, the cell growth was calculated under a microscope on a $40\times$ magnification by added trypan blue [15,17]. The extract is declared as active in inhibiting the growth of cancer cells or has cytotoxic activity if it has an IC_{50} value of $\leq 20 \mu\text{g/mL}$ [9,15,16,18].

Antiproliferative activity test of F3 against human cancer cell lines HUT78, A549, HeLa, and THP1

To ensure that preservation of extracts using radiation did not significantly reduce their efficacy, the active fraction (F3) was tested for antiproliferative activity on human cancer lines according to the previous procedure as usual manner [18]. Samples were dissolved in dimethyl sulfoxide. Then, the DMEM F12 media was added to obtain concentrations of 2, 4, 8, 16, and 32 $\mu\text{g/mL}$. After incubation for 72 hours, the numbers of living and dead cells were calculated. Subsequently, the IC_{50} value was calculated according to a previous procedure [15,16,18].

RESULTS AND DISCUSSION

Extraction

The result of extraction by maceration for unirradiated *C. zanthorrhiza* rhizomes is presented in Table 1. From Table 1, it can be seen that the nonpolar compounds which are extracted into *n*-hexane provided yields ranging from 0.87 to 0.97 %, while semipolar components are extracted into ethyl acetate at yields of 4.4 to 6.3 %, and polar components were extracted into ethanol at 1.21-1.37 %, with total extracts ranging from 6.54 to 8.61 %. It is also seen that the higher the radiation dose the greater the tendency for extraction. Thus, it can be assumed that radiation treatment causes the component to be easily dissolved and extracted into the solvents. However, *n*-hexane extract from irradiated sample at a dose of 7.5 kGy (0.87 g) has a yield 6.5 % lower than the average yield of *n*-hexane extract (0.93 g).

Table 1. The weight of *n*-hexane, ethyl acetate, and ethanol extracts from 100 g of *C. zanthorrhiza* rhizomes at varying irradiation doses; average of two replications.

Dose (kGy)	<i>n</i> -hexane extract (g)	ethyl acetate extract (g)	ethanol extract (g)	Total extract (g or %)
0*	0.92	4.41	1.21	6.54
5	0.95	5.05	1.25	7.25
7.5	0.87	5.77	1.27	7.91
10	0.94	4.92	1.32	7.18
15	0.97	6.27	1.37	8.61

*0 = un-irradiated sample = control

Cytotoxicity test of extracts on mouse leukemia L1210 cells

In the preliminary screening of three extracts, namely *n*-hexane, ethyl acetate, and ethanol extracts, for cytotoxicity against mouse leukemia L1210 cells, the IC_{50} value of each extract was 42.7, 16.6, and 18.8 $\mu\text{g/mL}$, respectively. Ethyl acetate and ethanol extracts are thus classified as potentially active as anticancer substances because they have $\text{IC}_{50} < 20 \mu\text{g/mL}$, while *n*-hexane extract (42.7 $\mu\text{g/mL}$) is classified as a less-active extract [9,15,16,18].

Separation of ethyl acetate extract by column chromatography and cytotoxicity test on mouse leukemia L1210 cells

The results of the separation from 1.0 g of ethyl acetate extracts from each unirradiated and irradiated samples consist of seven fractions (F1-F7), as shown in Table 2. From Table 2, it can be seen that the F3, F4, and F5 fractions had a higher yield than other fractions. It can be understood that a

small amount of the more nonpolar components ($R_f = 0.15$) based on the authentic standard [20-23], which are combined into F1 and F2 from the but after spraying with cerium sulfate reagent and semipolar component (ethyl acetate extract) have heating, the new spots appeared at $R_f = 0.52$ and $R_f = 0.28$ on F3 from irradiated samples at doses of 7.5, 10, and 15 kGy, although the spots were very thin (Fig. 2(b)). This fact indicates that gamma irradiation at doses of ≥ 7.5 kGy can cause the formation of new compounds that are predicted as a result of degradation of the existing components.

Furthermore, all fractions of ethyl acetate extract from unirradiated samples were tested for cytotoxicity against mouse leukemia L1210 cells, and the results are presented in Fig. 1.

Table 2. Results of the column fractionation of ethyl acetate extract (1.0 g) for varying irradiation doses.

Dose (kGy)	F1 (mg)	F2 (mg)	F3 (mg)	F4 (mg)	F5 (mg)	F6 (mg)	F7 (mg)
0*	126	13	227	258	159	71	129
5	118	15	225	256	168	62	136
7.5	114	14	204	285	172	71	130
10	109	16	209	274	186	72	121
15	73	15	212	283	162	79	137

*0 = un-irradiated sample = control

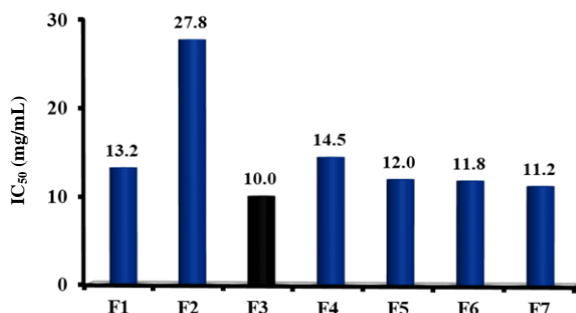


Fig. 1. Cytotoxicity of fractions F1-F7 from the ethyl acetate extract of unirradiated *C. zanthorrhiza* rhizomes against mouse leukemia L1210 cells.

It was seen that six fractions (F1, F3-F7) showed cytotoxicity with IC_{50} values ≤ 20 μ g/mL [9,15,16,18,19], whereas F2 was classified as a less-active fraction with an IC_{50} value of 27.8 μ g/mL. Among those fractions, F3 is the most active fraction in inhibiting the growth of mouse leukemia L1210 cells with the smallest IC_{50} value (10.0 μ g/mL). It was assumed that F3 contains curcumin compounds. The presence of curcumin compounds in F3 was evidenced by the thin layer chromatogram as shown in Fig. 2. On the other hand, F2 has the largest IC_{50} value, which means the lowest cytotoxic activity. This shows that most inactive components were accumulated in F2. Fortunately, F2 has the lowest yield for every irradiation dose.

Before spraying with cerium sulfate, F3 from all radiation doses only showed three spots (Fig. 2(a)), namely curcumin ($R_f = 0.62$), demethoxycurcumin ($R_f = 0.34$), and bisdemethoxycurcumin

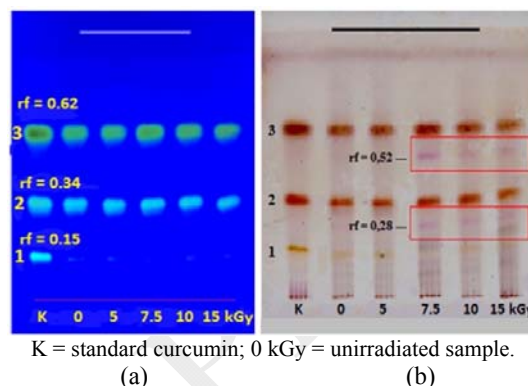


Fig. 2. Thin-layer chromatogram (TLC) of F3 from varying irradiation dose compared to the standard curcumin; (a) spots on the TLC plate under the UV lamp with λ 366 nm; (b) the TLC plate after spraying with reagent cerium sulfate and heating.

A study by Saefudin *et al.* [24] stated that curcumin from *Curcuma zanthorrhiza* had antitumor activities, with three mechanisms of tumor cell inhibition, namely: first, curcumin compound will replace the chromosomes in tumor cells to inhibit the binding (3H)-uridine with tumor cells; second, curcumin inhibits binding the uridine into RNA; and third, curcumin inhibits binding the leucine into proteins during protein synthesis.

Based on Fig. 1, it can be stated that F3 is the most active fraction. For further determining the effect of radiation to the sample, all F3 from ethyl acetate extract of irradiated samples of each varying radiation dose were tested for cytotoxicity against mouse leukemia L1210 cells. The test results are presented in Fig. 3.

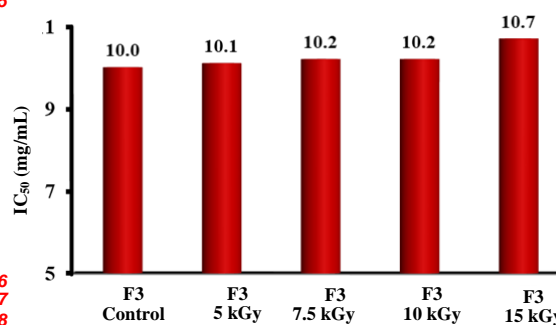


Fig. 3. Cytotoxicity against mouse leukemia L1210 cells of F3 from ethyl acetate extract of irradiated samples of each varying radiation dose.

From Fig. 3, it can be seen that there was an increase in IC_{50} value of F3 obtained from irradiated samples, but analysis using SPSS 24 ANOVA at 95% confidence level ($\alpha = 0.05$) showed that irradiation doses of up to 10 kGy did not increase the IC_{50} value significantly or did not reduce the cytotoxicity against L1210 mouse leukemia cells. However, at a radiation dose of 15 kGy there was a slight increase in IC_{50} value from 10.0 to 10.7 $\mu\text{g/mL}$, it was significantly different based on the ANOVA test. In acute toxicity test carried out previously by E. Katrin *et al.* [14] showed that the irradiation of the sample at a dose of 10 kGy did not make the sample acute-toxic.

Furthermore, based on the formation of new spots at $R_f = 0.28$ and $R_f = 0.52$ in thin layer chromatogram and the decreasing cytotoxicity of F3 at a dose of 15 kGy, it can be assumed that radiation could reduce the cytotoxic ability of the components in F3. This decrease may occur in the degradation of curcumin compound into other compounds caused by radiation effect [14,25].

Antiproliferative activity test of F3 against Cancer cell lines HUT78, A549, HeLa, and THP1

Based on the fact that F3 from the irradiated sample is the most active fraction inhibiting the growth of mouse leukemia L1210 cells among the fractions, then all F3 from irradiated samples were further tested for antiproliferative activity on human cancer cell lines (lymphoma HUT78, A549 lung, cervix HeLa, and mouse leukemia THP1). The test results are presented in Fig. 4 and Table 3.

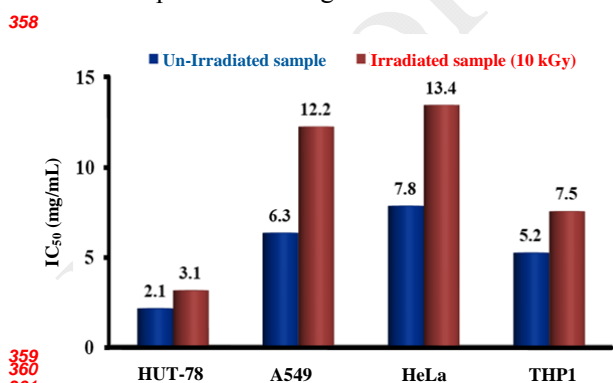


Fig. 4. IC_{50} value of F3 from ethyl acetate extract of unirradiated and irradiated samples at 10 kGy against human cancer cell lines (HUT78, A549, HeLa, THP1).

Based on Fig. 4 and Table 3, it can be seen that radiation with a dose of 10 kGy decreases the antiproliferative activity of F3 on lymphoma

HUT78 cancer cells, A549 lung cancer cells, HeLa cervical cancer, and THP1 mouse leukemia cancer by 32 %, 48 %, 42 %, and 31 %, respectively. Although the increase in IC_{50} value or decrease in activity is significant, the values are still in the active category, because the IC_{50} values are still smaller than 20 $\mu\text{g/mL}$. The decrease in activity caused by radiation can be overcome in two ways: first, by improving the quality of the simplicia in order to lower the initial contaminants, so as to lower the required radiation dose; and second, by increasing the concentration of simplicia in the fabrication process of herbal medicine formulation.

Table 3. Increase of IC_{50} value and decrease of antiproliferative activity against cancer cell lines HUT78, A549, HeLa, and THP1 of F3 from ethyl acetate fraction of unirradiated and irradiated samples at 10 kGy.

No	Cancer Cell lines	IC_{50} F3-EEE* ($\mu\text{g/mL}$)		Increase of IC_{50} value (%)	Decrease of Antiproliferative Activity (%)
		Control**	10 kGy		
1	HUT78	2.1	3.1	148	32
2	A549	6.3	12.2	194	48
3	HeLa	7.8	13.4	172	42
4	THP1	5.2	7.5	144	31

F3-EEE: Fraction 3 from ethyl acetate extract

** control = un-irradiated sample

CONCLUSION

The maximum dose for preserving the simplicia of curcuma rhizomes with gamma irradiation is 10 kGy. Irradiation doses of up to 10 kGy can reduce the antiproliferative activity of fraction 3 against human cancer cell lines (lymphoma HUT78 cancer cells, A549 lung cancer cells, HeLa cervical cancer cells, and THP1 mouse leukemia cancer cells). However, the reduction does not eliminate its activity. These results indicate that preservation of simplicia of curcuma rhizomes using radiation can be done at a maximum radiation dose of 10 kGy by modifying the initial concentration of simplicia in the fabrication process of herbal medicine formulation.

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